



Sino-US Youth Exchange Program
 Recommend by US Embassy Beijing

2012 Summer GO Beyond GYMNASTICS

Age: 12 and Up (Parents welcome) Time: June 28th - July 13rd
 July 16th - July 31st
 Aug 3rd - Aug 17th

Fee: \$4650

Apply before Feb. 1st will have \$400 off
 Apply before Mar. 1st will have \$300 off
 Apply before April 1st will have \$150 off
 Family discount info please contact our office at 253.686.1291

CHINA GYMNASTICS TRAINING CAMP & CULTURE EXPLORATION

PROGRAM FEATURE

Top Level Gymnastics Training and Professional Mandarin Class

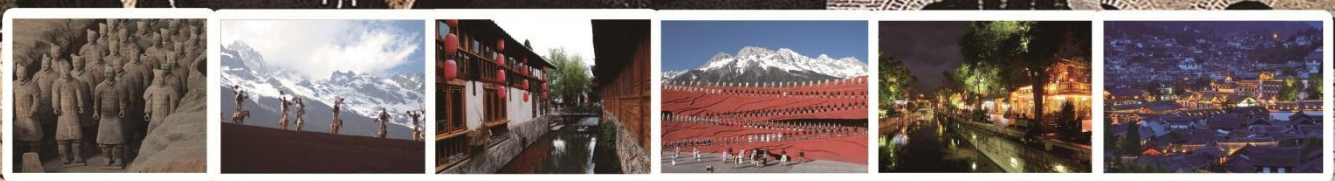
- Build your confidence and get an edge on training with personalized instruction from top Gymnastics coaches
- Make friends with Chinese gymnasts and train at Professional Gymnastics Training Center.
- Visit China's National Gymnastic Training Center and watch the Chinese National Team train.
- Meet and be inspired by former Olympians.
- Exchange with local school students, learn Mandarin from professionals in famous local language school.

PLUS China Culture Exploration

- CHOICE ONE: BEI JING+SHANG HAI+XI AN
- CHOICE TWO: BEIJING+SHANG HAI+ LI JIANG

Contact Us

- Go to www.anc-edu.us for more information. Contact us at (206) 619-8680 or (253) 686-1291 for details.
- Or Email to Annie An at anshujing@hotmail.com for questions.
- Go to www.anc-edu.com download the application, completed it and email it to anshujing@hotmail.com.



ANC Consulting
 ICF Foundation

2012 CHINA SUMMER CAMP

"GO BEYOND GYMNASTICS"

The purpose of this training camp is to give young gymnasts a greater understanding of the world around them through international training, language learning and cultural exchange. This program provides a safe, positive and challenging experience for young gymnasts. The exposure to international coaches and their approach to gymnastics give young gymnasts a one-of-a-kind advantage while improving their skills and confidence. It is a wonderful opportunity for gymnasts to make friends with Chinese gymnasts who share similar interests and create long lasting friendships.

GYMNASTICS TRAINING Beijing Gymnastics Training Center

- Professional gymnastic training with local gymnasts and clinic with china gymnastics top coaches at Beijing Professional Gymnastics Training Center.
- Experienced the rare opportunity to visit China's National Gymnastic Training Center and watches the Chinese National Team train.
- Meet and be inspired by former Chinese Gymnastics World Champions

LEARN CHINESE ANC Mandarin Training Center Beijing Branch

- Experienced teacher use a teaching method that combines all aspects and skills of language such as grammar, pronunciation, vocabulary, listening, reading, conversation and writing in an interactive way that makes Chinese learning productive and interesting for your child.
- Learning Chinese and then practicing in its native environment increases the speed and quality of learning, your Chinese lessons are complemented by cultural workshops, projects, sports and trip.

CHINESE CULTURAL EXPLORATION Beijing, Shanghai, Xian/ Lijiang

- **BEIJING:** Forbidden City, Great Wall, 2008 Olympic National Stadium in Beijing
- **SHANGHAI:** Oriental Pearl Tower, Nanjing Rd, Tai Lake, Suzhou Water Village
- **XIAN:** Army of Terracotta Warriors and Tomb of Qin Shi Huang
- **LIJIANG:** Yu Long Snow Mountain, Dry Sea Meadow, Cloud Fir Meadow

PLUS

- Round trip international plus domestic's flight airfare all included
- Meals include daily buffet breakfast at hotels and local specialty cuisines
- Experienced, Knowledgeable English and Chinese's speaking guide
- Four or five star hotel accommodations throughout.

ANC CONSULTING & IRON CROSS FOUNDATION

www.anc-edu.us

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LINE ONE: BEIJING/SHANGHAI/LI JIANG 16 DAYS

INERARY DETAIL

Group 1: June 28th to July 13rd

Group 2: July 16th to July 31st

Group 3: Aug 3rd to Aug 17th

	Morning		Afternoon	
Day 1	Takeoff, depart the Seattle with your travel coach			
Day 2	Arrive in Beijing, the capital city of China.			
Day 3	Mandarin Class 9am to 11am	Mandarin Training Center	Field Trip 2pm-5:30pm	Discover Tiananmen Square , the largest open public plaza in the world. Step into the Forbidden City , which stands as the world's largest palace complex.
Day 4	Field Trip 9am to 11am	2008 Olympics Stadium in Beijing, and Bird Nest & Water Cube . Ride a rickshaw through the narrow streets of old Beijing.	Gymnastics Training & Clinic 2pm-5:30pm	Beijing Gymnastics Professional Training Center
Day 5	Mandarin Class 9am to 11am	Mandarin Training Center	Gymnastics Training & Clinic 2pm-5:30pm	Beijing Gymnastics Professional Training Center
Day 6	Mandarin Class 9am to 11am	Mandarin Training Center	Gymnastics Training & Clinic 2pm-5:30pm	Beijing Gymnastics Professional Training Center
Day 7	Explore the Great Wall of China, an amazing architectural marvel over 2,000 years old with local gymnasts.			
Day 8	Fly to Shanghai	Fly to Shanghai —and then drive to Xitang , (“Mission Impossible3” by Tom Cruise shot in this old town.) Encircled by bodies of water and rivers. Xitang is a pleasant place to explore on foot. Or take a Wupeng boat on the river. Taste different kinds of local delicious snacks there and then transfer to Suzhou .		
Day 9	Explore the greatest sights in Suzhou , include Humble Administrator’s Garden , Hanshan Temple and the Water Village . Then transfer to Hangzhou by motor coach.			
Day 10	Take a boat cruise on the West Lake . Then visit famous Ancient Town Song City and enjoy the Best Chinese acrobatics show , then transfer to Shanghai.			
Day 11	Visit Chenghuang Temple , take cruise at Shanghai Huangpu River , Stunning modern Oriental Pearl Tower . Shopping at famous Nanjing Road			
Day 12	Fly to Lijiang	In the evening, you can attend performances of the Naxi Orchestra , or taste the famous “Naxi omelette”, “Naxi sandwich” and “Baba”.		
Day 13	Explore Yu Long Snow Mountain . Include Dry Sea Meadow , Cloud Fir Meadow and Yak Meadow , and Enjoy the show of “ Impression Lijiang ” that is a large live performance.			
Day 14	Enjoy your leisure time in this old town. Shopping in Old market Sq . If you get lost in the old town, just follow a stream upstream, all of which lead back toward the center. And then fly back to Beijing.			
Day 15	Shopping	Shopping at Xiu Shui Market (Silk/Cloth/Shoes/Bag etc.)		
Day 16	Return home			

Note: Your program may differ slightly in some areas due to scheduling conflicts, unforeseen changes, and the arrival of new opportunities. Your program’s Schedule of Activities will be provided as confirmed, closer to actual travel.

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LINE TWO: BEIJING/SHANGHAI/XI AN 16 DAYS

INERARY DETAIL

Group 1: June 28th to July 13rd

Group 2: July 16th to July 31st

Group 3: Aug 3rd to Aug 17th

	Morning		Afternoon	
Day 1	Takeoff, depart the Seattle with your travel coach			
Day 2	Arrive in Beijing, the capital city of China.			
Day 3	Mandarin Class 9am to 11am	Mandarin Training Center	Field Trip 2pm-5:30pm	Discover Tiananmen Square , the largest open public plaza in the world. Step into the Forbidden City , which stands as the world's largest palace complex.
Day 4	Field Trip 9am to 11am	2008 Olympics Stadium in Beijing, and Bird Nest & Water Cube . Ride a rickshaw through the narrow streets of old Beijing.	Gymnastics Training & Clinic 2pm-5:30pm	Train at Beijing Gymnastics Professional Training Center
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Day 7	Field Trip	Explore the Great Wall of China, an amazing architectural marvel over 2,000 years old with local gymnasts.		
Day 8	Fly to Shanghai	Fly to Shanghai —and then drive to Xitang , (“Mission Impossible3” by Tom Cruise shot in this old town.) Encircled by bodies of water and rivers. Xitang is a pleasant place to explore on foot. Or take a Wupeng boat on the river. Taste different kinds of local delicious snacks there and then transfer to Suzhou .		
Day 9	Explore the greatest sights in Suzhou , include Humble Administrator's Garden , Hanshan Temple and the Water Village . Then transfer to Hangzhou by motor coach.			
Day 10	Take a boat cruise on the West Lake . Then visit famous Ancient Town Song City and enjoy the Best Chinese acrobatics show , then transfer to Shanghai.			
Day 11	Visit Chenghuang Temple , take cruise at Shanghai Huangpu River , Stunning modern Oriental Pearl Tower . Shopping at famous Nanjing Road			
Day 12	Fly to Xi'an	Fly to Xi'an Explore the greatest sights in Xi'an , include Drum Tower , City Walls and the Water Village .		
Day 13	Explore Army of Terracotta Warriors and Tomb of Qin Shi Huang . A subterranean life-size army of thousands has silently stood guard over the soul of China's first unifier for over two millennia. It is one of the largest and most important finds of the 20 th century.			
Day 14	Visit to Shaanxi History Museum . Numerous valuable relics make you feel close to the ancient Chinese culture. And then fly back to Beijing.			
Day 15	Shopping	Shopping at Xiu Shui Market (Silk/Cloth/Shoes/Bag etc.)		
Day 16	Return home			

Note: Your program may differ slightly in some areas due to scheduling conflicts, unforeseen changes, and the arrival of new opportunities. Your program's Schedule of Activities will be provided as confirmed, closer to actual travel.

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TRAVEL SUMMARY

LINE ONE:

- **Destination:** Beijing, Shanghai & **LIJIANG**
- **Duration:** 16 Days
- **Date:**
Group 1: June 28th to July 13rd
Group 2: July 16th to July 31st
Group 3: Aug 3rd to Aug 17th
- **Departure City:** Seattle, WA ,USA (if you are out of state, please call our office)
- **Audience:** Gymnasts Levels 5-10, Ages above 8
(12 and under must be accompanied by parent)
Parents Welcome.
- **Base Tuition: \$4650**
Apply before Feb 1st will have \$400 off
Apply before Mar 1st will have \$300 off
Apply before Feb 1st will have \$150 off

LINE TWO:

- **Destination:** Beijing, Shanghai & **XIAN**
- **Duration:** 16 Days
- **Date:**
Group 1: June 28th to July 13rd
Group 2: July 16th to July 31st
Group 3: Aug 3rd to Aug 17th
- **Departure City:** Seattle, WA ,USA (if you are out of state, please call our office)
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TUITION PAYMENT OPTIONS

We have two payment options for you to choose:

- Payment Schedule:

Payments	Amount	Summer Camp 2012
Deposit	\$ 100	Due with application
2 nd payment	\$ 1200	Mar 1 st , 2011
3 rd payment	\$ 1200	Apr. 1 st , 2011
4 th payment	\$ 1200	May. 1 st , 2011
5 th payment	\$ 1050	June 1 st , 2011

- Full payment before Mar. 1st 2011 (**will have \$400 off the program fee**)

NOTE: We accept check. Credit card payment will be charged 5% processing fee.

APPLY NOW

- Please download the application from our website at www.anc-edu.us , complete the application form and send it to

ANC Consulting
3014 N. 9th
Tacoma, WA 98406

- You could also send email to anshuijing@hotmail.com request the application form, Annie will email it to you.
- For any questions, please contact our office at 206.619.8680 or 253.686.1291
- Or to go to www.anc-edu.us for more information.